

1KMC

One Thousand Music Care Teachers Initiative

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What if...

...a vision...

- What if every church in our city taught its members the basics of Music Care?
- Could that change mental and emotional health for good?
- How would that change physical health?
- Spiritual health?
- Could congregations become stronger? More engaged?
- How might the effects ripple out from your church into the community?
- What other organizations might have an interest and want to be involved?

How Can We Do This?

zero to one thousand teachers in 30 days

- A elder/leadership team that can reach an entire church congregation can quickly deploy Music Care basics: safe, effective, easy-to-use self-care skills
- The skills are age- and language-independent, cost nothing to learn and use, have wide support in the scientific research and therapeutic communities, and are backed by both contemporary clinical evidence and thousands of years of self-evident wisdom
- Your organization's leadership team can learn the two basic principles of Music Care in 10 minutes, and deploy them within your organization's existing congregational care framework just as quickly, either 1:1 or 1:group
- Your organization's positive impact is maximized by teaching and supporting your elders/leaders/teachers who then teach and support church members

How it Works

A quick walk-through

1. Your church agrees to join the initiative - no cost
2. Your leadership team receives Music Care instruction (cost: 10 minutes interactive on Zoom)
3. Your leadership team deploys Music Care into your congregation*

* Ongoing support for your leadership team is provided by Music Care Inc via regular reinforcement sessions (using Zoom), a secure online caregiver community for leaders (ExtendaTouch), and direct access to Music Care staff via email and phone

For More Information

Here for your support



Music Care Inc.

SUSTAIN CHANGE

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